



## **RULE #1**

**IF I see something on my computer or device that makes me feel sad, scared, or confused I WILL turn off the screen or close my Laptop.**

**I WILL tell my trusted adult if anything makes me feel sad, scared, or confused.**



## **RULE #2**

**I WILL ask my trusted adult before sharing information like my name, address and phone number, and I WILL NOT meet face-to-face with anyone from the internet.**

## **RULE #3**

**IF I receive a mean or hurtful message I WILL:**

- 1. Stop and not say anything back.**
- 2. I WILL tell my trusted adult and ask for help.**

