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Subject: Last, First, Middle

Case/Incident Number

Date

## Behavioral Threat Assessment Worksheet

**Disclaimer:** The results of this assessment tool do not predict future violence nor are they a fool proof method of assessing an individual's risk of harm to others. The purpose of this assessment is to identify the circumstances and variables, which may increase risk for potential youth violence as well as to assist the school staff in developing an Intervention Plan.

Subject Name _____	Date of Birth _____
Organization _____	Administrator _____
Reporting Party _____	Relationship to Subject _____
Date/Time/Location of Incident _____	

1.	Motive for violence or threat	Absent/Mild	Moderate	Severe
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*Risk Indicators: Statements or observed behaviors that indicate the subject seeking to address a grievance or injustice through violent means. The subject sees violence as a legitimate option to achieving their goal. Their goal may also include: end pain, gain notoriety, restore dignity or self-worth, and or revenge/retribution for a perceived wrong done to them.*

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2.	Expressed intent to attack	Absent/Mild	Moderate	Severe
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*Risk Indicators: Any specific plans, threats, or expressed intentions to harm individuals at their school. Many individuals who engage in targeted violence do not direct threats to their targets, but communicate their ideas, plans, or intentions to others. Some also keep journals or diaries recording their thoughts and behaviors. Collateral informants (family, friends, caregivers, and co-workers) should be questioned about any unusual or inappropriate ideas and any signs of the subject's desperation or deterioration.*

Notes:

3.	Violent fantasies or homicidal ideas	Absent/Mild	Moderate	Severe
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*Risk Indicators: Subject entertains thoughts of violence towards the school in general or towards specific individuals they know. Subject has a preoccupation with past school shooters or other perpetrators of mass violence.*

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4. Pre-Attack Behaviors	Absent/Mild	Moderate	Severe
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Risk Indicators: *Subject has moved past violent ideas and has started making physical preparations to carry out a violent act: planning and/or practice; increased weapons acquisition; access to potential targets; research to increase knowledge of targets' whereabouts; or actions to increase access to targets. Pre-attack behaviors may accelerate in frequency leading up to an attack (Energy burst warning behavior).*

Notes:

5. 5. Means and Access	Absent	/	Present
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Risk Indicators: *Does the subject have the capacity/cognitive sophistication to carry out an act of targeted violence?*

Notes:

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6.	Hopelessness, personal stress, and negative coping	Absent/Mild	Moderate	Severe
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Risk Indicators: *The subject has experienced significant losses in the following areas: material (treasured object); relational (death or separation of close relationship); or losses of status (narcissistic injury). Potential losses can be examined in at least four domains: family relations, intimate/peer relations, occupational, and self-image/status. The subject expresses a sense of hopelessness/desperation and may consider suicide as a means of elevating their pain. Subject demonstrates inability to cope with stressors in their life.*

Notes:

7.	Anger	Absent/Mild	Moderate	Severe
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Risk Indicators: *Angry and impulsive reactions to frustrations coupled with physical displays of danger, e.g., throwing objects, vandalism, bullying, intimidation, and fighting, that cause noteworthy fear and concern in others. Subject's displays of anger are increasing in intensity and frequency.*

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8.	Substance abuse	Absent/Mild	Moderate	Severe
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Risk Indicators: *The subject has either self-identified as a substance abuser, or has exhibited signs of intoxication. The subject has history of anger or violence associated with alcohol or drug dependency problem.*

Notes:

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9.	History of violence and criminal activity	Absent/Mild	Moderate	Severe
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Risk Indicators: *Subject has a history of violence; frequent or severe. Subject has engaged in criminal activity; violent or nonviolent crime. Displays outward antagonism and disdain towards authority figures.*

Notes:

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<b>10.</b>	<b>Inhibitors against violence</b>	Strong	Moderate	Absent
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Risk Indicators: *Subject demonstrates resiliency and limit-setting that is derived from positive attitudes, pro-social attachments, supportive family structure, peer support, respect for others, respect for authority figures, and positive life goals.*

Notes:

<b>Triggers and other behavioral issues</b>
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	Risk Factor	Absent/ Mild	Moderate	Severe
1.	Motive for violence or threat			
2.	Expressed intent to attack			
3.	Violent fantasies or homicidal ideas			
4.	Pre-Attack Behaviors			
5.	Means and Access		/	
6.	Hopelessness, personal stress, and negative coping			
7.	Anger			
8.	Substance abuse			
9.	History of violence and criminal activity			
10.	Inhibitors against violence	Strong	Moderate	Absent

- Category 1**  
 An individual is, or is very close to, behaving in a way that is, potentially dangerous to self or others. Examples include detailed threats of lethal violence, suicide threats, possession/use of firearms or other weapons, serious physical fighting, etc. Most of these individuals will qualify for immediate hospitalization or arrest.
- Category 2**  
 An individual has displayed significant Early Warning Signs, has significant existing Risk Factors and/or Precipitating Events, and has few Stabilizing Factors. May not qualify for hospitalization or arrest at present, but requires referrals for needed services and active case management.
- Category 3**  
 An individual has displayed some Early Warning Signs and may be existing Risk Factors or recent Precipitating Events, but also may have some Stabilizing Factors. There may be evidence of internal emotional distress (depression, social withdrawal, etc.) or of intentional infliction of distress on others (bullying, intimidation, seeking to cause fear, etc.).
- Category 4**  
 An individual has displayed minor Early Warning Signs, but assessment reveals little history of serious Risk Factors or dangerous behavior. Stabilizing Factors appear to be reasonably well-established. There may be evidence of the unintentional infliction of distress on others (insensitive remarks, "teasing" taken too far, etc.).
- Category 5**  
 Upon assessment it appears there is insufficient evidence for any risk for harm. Situations under this category can include misunderstandings, poor decision-making, false accusations from peers (seeking to get other peers in trouble), etc.

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**Narrative:**

- Based on the information available at the time of this assessment, what is the likelihood the subject will act violently toward others if no interventions are made?

- What actions are likely to exasperate the situation and possibly increase the subject's risk of violence.

- Management and intervention recommendations?

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## Behavioral Incident Report

Complete all sections with all available information and update when new information is learned.

Subject Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Gender \_\_\_\_\_ Race \_\_\_\_\_ Currently employed/enrolled:  Yes  No

Date/Time/Location of Incident \_\_\_\_\_

Priority Level:  Low  Moderate  High  Urgent

If you are aware of an imminent threat of violence, call 911

### 1. Incident Summary

If subject made threatening statements, describe them here. If possible, give exact quote of threat.

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Reporting Party

Date Completed

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2. Check all that apply

- Has access to weapons
- Appears to have fascination with weapons or explosives
- Is knowledgeable about or has used weapons
- Has history of bringing weapons to school/work
- Has made recent threats to act out violently
- Has provided evidence of making plans to act out violently, named a specific target for violence
- History of arrests/ convictions for violent acts
- Identifies contingencies that would provoke an act
- Is brooding over an event in which he/she was perceived to be unfairly treated
- Expresses unreasonable feelings of being persecuted by others
- Has experienced a recent life stressor or event
- Appears to be a loner and reveals having no close friends
- Has a history of being bullied or teased
- Does not show concern for legal or personal consequences
- Appears to lack appropriate empathy or remorse
- Has threatening and/or loud speech/ disorganized speech
- Is observed as maintaining prolonged stares
- Is observed with signs of agitation (pacing, clenched fists, etc.)
- Reveals feelings of depression, hopelessness, despair
- Refuses to communicate
- Known to abuse alcohol or to use illicit drugs
- Constantly blames others and refuses to take responsibility
- Identifies with offenders, praises other school/public violence events
- Engaged in property damage
- Other co-workers/students/staff/faculty are afraid of this subject
- Subject says they have no options or there is no way out for them
- Appears suicidal
- Prior suicide attempts and self-infliction of injuries
- History of obsessively following or stalking others
- Has thought insertion, someone putting thoughts into their head
- Auditory, command or visual hallucinations
- Diminished self-care (dirty, disheveled, poor hygiene)
- Psychiatric disorder diagnosis
- Gang membership

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3.	<b>History of violence of or other behavioral issues</b>
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4.	<b>Witnesses or other sources of information</b> Witness of behavior(s), co-workers, close relationships, & family members
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1.
2.
3.
4.
5.
6.
7.
8.

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Reporting Party

Date Completed